

Planting Plan by Vegetable Type										
Type	Sow Indoors	Sow Outdoors under Cloche	Sow Outdoors	Plant or Transplant	Harvest From	Sow Apart (cm)	Sow Depth (cm)	Rows Apart (cm)	Thin To (cm)	Notes
Artichoke - globe			Apr	Apr	Jul	1	1	30	23	Sow thinly outdoors in Apr and plant out the following Apr. If heads form in first year cut them off and discard
Artichoke - jerusalem				Feb	Oct	45	15	90		Cover tubers with a ridge of earth. Earth-up the base of the stems when 30cm high. Remove flower buds. When leaves turn brown cut down stems to 30cm above the ground. Lift from Oct through to Spring
Asparagus				Apr	May		20	90	30	Dig trench 20cm deep, 30cm wide, 90cm apart. Lay crowns on mound 8cm high. Cover crowns with 5cm soil after planting. Fill trench gradually as plants grow. Do not cut until the year after planting. Cut down stems to 4cm in Autumn once they turn yellow. When spears are 10cm high cut away at 8cm below soil surface. Stop cutting mid June.
Aubergine - indoor	Feb			Apr	Aug	60		60		Sow 2 seeds per pot and remove weakest. Harden off before planting out
Aubergine - outdoor	Mar	May		May	Aug	60		60		Cover soil with cloches 2 weeks before planting and cover after planting
Bean - broad		Feb	Mar		Jul	20	5	60		Sow 20cm apart, 5cm deep in rows 60cm apart. Sow at monthly intervals until end May
Bean - french		Apr	May		Jul	10	5	45		Don't sow outdoors until the soil has warmed up
Bean - runner	Apr		May	May	Aug	23	5	45		Don't sow outdoors until the soil has warmed up. Sturdy support is needed
Beetroot		Mar	Apr		Jul	23	3	30		Sow 2 seeds and remove weaker. For storage sow in Jun and lift in Oct
Broccoli			Apr	Jun	Aug	1	1	15	30	Sow thinly and transplant to 30cm when 7cm high 2.5cm deeper than the seedlings
Brussels Sprouts		Mar	Apr	May	Oct	23	1	15	60	Sow late varieties in Apr and plant out in Jun for harvesting between Dec and Mar
Cabbage - chinese			Jul		Oct	10	1	30	30	Sow 10cm apart in rows 30cm apart. Thin to 30cm apart
Cabbage - red			Apr	May	Sep	1	1	30	30	Sow thinly then thin to 8cm apart. When they have 5-6 leaves transplant to 30cm apart
Cabbage - savoy			Apr	Jul	Nov	1	1	30	30	Sow thinly then thin to 8cm apart. When they have 5-6 leaves transplant to 30cm apart
Cabbage - spring			Jul	Sep	Apr	1	1	30	10	Sow thinly then thin to 8cm apart. When they have 5-6 leaves transplant to 10cm apart
Cabbage - summer		Feb	Apr	May	Aug	1	1	30	30	Sow thinly then thin to 8cm apart. When they have 5-6 leaves transplant to 30cm apart
Cabbage - winter			Apr	Jul	Nov	1	1	30	30	Sow thinly then thin to 8cm apart. When they have 5-6 leaves transplant to 30cm apart
Carrot		Mar	Apr		Jul	1	1	15	7	Sow thinly in trenches 15cm apart and thin to 7cm. Lift in Oct to store over winter

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Cauliflower - autumn			May	Jun	Oct	1	1	15	60	Sow thinly in trenches 15cm apart. Thin to 8cm and transplant when they have 5-6 leaves to 60cm
Cauliflower - summer			Apr	Jun	Jul	1	1	15	60	Sow thinly in trenches 15cm apart. Thin to 8cm and transplant when they have 5-6 leaves to 60cm
Cauliflower - winter			May	Jul	Mar	1	1	15	75	Sow thinly in trenches 15cm apart. Thin to 8cm and transplant when they have 5-6 leaves to 75cm
Celeriac	Mar			May	Oct	1	1	45	30	Sow 2 seeds per pot and remove weakest. Harden off before planting out
Celery	Mar			May	Oct	1	1	38	23	Sow under glass and harden off before planting out when they have 5-6 leaves
Chicory - forcing			May		Dec	1	1	30	15	Lift roots in Nov, cut back leaves to 3cm, cut roots back to 15cm. Store in box of sand until ready to force. Plant 5 roots in a 23cm pot leaving crown exposed. Cover the pot to keep out the light. Keep warm until chicon forms.
Chicory - non-forcing			Jun		Nov	1	1	30	30	Sow thinly in trenches 30cm apart and thin to 30cm
Courgette	Apr		May	Jun	Aug	30	3	30	30	Sow 3 seeds 3cm deep into prepared pockets 30x30cm filled with good compost and manure. Thin to the strongest. Feed once fruit begins to form. Harvest when 10cm long
Cucumber - indoor	Feb			Apr	Jul					Sow 1 seed in 7cm pot and plant out 1 per pot or 2 per grow bag. Don't allow fruits to turn yellow
Cucumber - outdoor	Apr		Jun	Jun	Aug	7	3	45	30	Sow 3 seeds 3cm deep into prepared pockets 30x30cm filled with good compost and manure. Pinch out tip when plants have 6 or 7 leaves.
Endive			May		Sep	1	1	30	23	Sow thinly in trenches 30cm apart during Mar to Aug. Thin in stages to 23cm. Harvest between Sep and Feb
Garlic			Mar		Jul	10	5	20		Lift and dry then store
Kale			May	Jul	Dec	1	1	15	45	Sow thinly in trenches 15cm apart. Thin to 8cm. Transplant when 15cm high to 45cm
Kohl Rabi			Apr		Aug	1	1	30	15	Sow thinly in trenches 30cm apart. Thin to 15cm. Not suitable for storing
Leek	Jan		Mar	Jun	Nov	5	1	30	15	Sow 5cm part in rows 30cm apart, 1cm deep. Thin to 15cm. Do not fill holes with soil.
Lettuce - early winter crop			Aug		Nov	1	1	30	30	Sow 2 seeds per pot and remove the weaker. Harden off before transplanting. Cover with cloches late Sep
Lettuce - leaf technique			Apr	May		3	1	10		To get maximum crop in shortage time. Use cos variety. Sow fortnightly during Apr and May. Do not thin. Harvest 4-6 weeks after sowing leaving stumps to produce 2nd crop 6 weeks later
Lettuce - midwinter crop	Sep			Nov	Jan	1	1	30	30	Sow 2 seeds per pot and remove the weaker. Harden off before transplanting. Heated glass is essential

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Lettuce - spring crop			Aug		Apr	1	1	30	30	Sow 2 seeds per pot and remove the weaker. Harden off before transplanting. Cover with cloches late Sep
Lettuce - summer / autumn crop	Feb	Mar	Apr	Mar	Jul	1	1	30	30	Sow 2 seeds per pot and remove the weaker. Harden off before transplanting.
Marrow	Apr		May	Jun	Aug	30	3	30	30	Sow 3 seeds 3cm deep into prepared pockets 30x30cm filled with good compost and manure. Thin to the strongest. Feed once fruit begins to form. Harvest when 23cm long
Onion from seed	Jan		Mar	Apr	Aug	1	1	23	10	Sow thinly in seed trays or for an Aug crop sow thinly outdoors in trenches 23cm apart. Thin / transplant to 10cm. Bulb base should be 1cm below the surface. Wait for foliage to turn yellow, leave for 2 weeks. Leave to dry for storage
Onion from sets			Mar		Aug	10	1	22		Push into soft earth with tip just showing
Parsnip			Mar		Nov	15	1	30		Sow 3 seeds and leave the strongest. Lift when the foliage dies down
Pea - asparagus			May		Aug	8	5	15		Sow again in Oct under cloches. Provide support. Pick regularly to keep the crop coming, compost stems, leave roots in the soil
Pea - for Aug crop			Apr		Jul	8	5	15		Sow again in Oct under cloches. Provide support. Pick regularly to keep the crop coming, compost stems, leave roots in the soil
Pea - for autumn crop			Jun		Sep	8	5	15		Sow again in Oct under cloches. Provide support. Pick regularly to keep the crop coming, compost stems, leave roots in the soil
Pea - for Jun / Jul crop			Mar		Jun	8	5	15		Sow again in Oct under cloches. Provide support. Pick regularly to keep the crop coming, compost stems, leave roots in the soil
Pea - for May / Jun crop		Feb			May	8	5	15		Sow again in Oct under cloches. Provide support. Pick regularly to keep the crop coming, compost stems, leave roots in the soil
Pea - mangetout / Petit pois			Apr		Aug	8	5	15		Sow again in Oct under cloches. Provide support. Pick regularly to keep the crop coming, compost stems, leave roots in the soil
Potato - first early			Mar		Jun	30	13	60		Chit before planting and earth up
Potato - maincrop			Apr		Aug	38	13	75		Chit before planting and earth up. Harvest in Sep or Oct to store
Potato - second early			Apr		Jul	30	13	60		Chit before planting and earth up
Pumpkin / Squash	Apr		Jun	Jun	Aug	7	3	60	30	Plant in prepared pockets 30x30cm filled with good compost and manure
Radish		Feb	Apr		Jun	3	1	18		Sow every few weeks to end May

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Rhubarb			Mar		Apr	90	1	90		Don't harvest for 12-18 months. Remove flowering shoots. Mulch crowns during Jan and Feb. Always leave at least 4 stalks. Do not harvest after Jul. Force in Jan every two years
Spinach - summer			Mar		May	1	3	30	8	Sow every few weeks to end May. Thin to 8cm when still small then remove every other one a few weeks later.
Spinach - winter			Aug		Oct	1	3	30	8	Sow again in Sep. Thin to 8cm when still small then remove every other one a few weeks later. Protect from Oct.
Squash	Apr		May	Jun	Aug	30	3	30	30	Sow 3 seeds 3cm deep into prepared pockets 30x30cm filled with good compost and manure. Thin to the strongest. Feed once fruit begins to form. Harvest before frosts and store in a cool room until up to Christmas
Swede			May		Nov	1	1	38	23	Can be stored in cool shed
Sweet Pepper - greenhouse	Feb			Apr	Aug	1	1	45	45	Sow 2 seeds per pot and keep heathliest. Harden off before planting out. Harvest when green and glossy or wait 3 weeks for red peppers
Sweet Pepper - outdoor	Mar			Jun	Aug	1	1	45	45	Sow 2 seeds per pot and keep heathliest. Harden off before planting out under cloches. Harvest when green and glossy or wait 3 weeks for red peppers
Sweetcorn	Apr	May		Jun	Aug	45	3	45		Sow 2 seeds and remove weaker. Sow or plant in blocks to aid pollination. Ready to harvest when creamy liquid can be squeezed from a grain
Tomato - indoor	Jan			Apr	Jul	45		45		Sow 2 seeds per 7cm pot and remove weakest. Remove side shoots. When 120cm tall remove leaves below first truss. Remove tip after 7 trusses.
Tomato - outdoor	Mar	May		May	Aug	45		75		Sow 2 seeds per 7cm pot and remove weakest. Remove side shoots. When 120cm tall remove leaves below first truss. Remove tip after 7 trusses.
Turnip - early		Feb	Mar		May	1	1	23	23	Sow thinly in trenches 23cm apart. Thin in stages to 23cm. Harvest while still quite small
Turnip - main			Jul		Oct	1	1	30	13	Sow thinly in trenches 30cm apart. Thin in stages to 13cm. Harvest while still quite small
Turnip - tops			Aug		Mar	1	1	8		Do not thin. Cut tops when 13cm and leave to resprout